



Term 1	Term 2	Term 3	Working towards
<p>Unit Name: My Success My Feelings</p> <p>Topics: To reflect on the last school year and to think about targets for the one to come To focus on your strengths and begin thinking about possible career choices for the future To look at the success and the failures of the previous year To think about the coming year To relate job opportunities to personal skills, strengths and aptitudes.</p>	<p>Unit Name: My Family My Friends</p> <p>Topics: To think about what friendship means and how to cope when friendship runs into problems To look at different kind of families, how they have changed and why we have them To look at ways of dealing with problems in the family.</p>	<p>Unit Name: iSAFE Career Planning</p> <p>Topics: To think about whether people know how to stay safe on-line. To look at the 'safety net kids' website entitled 'personal safety' To relate job opportunities to personal skills, strengths and aptitudes To examine the nature of work and the need for it in the twenty-first century To understand the role of personal advisers and how they can help young people</p>	

Books you may find useful:

<p>Life Skills 6 Developing Emotional and Social Intelligence</p>	<p>Author Shanaz http://www.lifeskillsedu.com/about-us.html</p>
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